



Garter Stitch Chemo Cap



Yarn: Worsted Weight, 144 yards.

Supplies: US Size 8 16" Circular Needles, US Size 8 double point needles or circular needles to work in the manner of your choice in the round. This hat could be made smaller by using US 6 needles and dk weight yarn. Remember, heads come in all sizes. Stitch Marker.

Gauge: 8 rows & 4 stitches = 1" (*note*, if the fabric feels good, go with it—the chemo cap will fit someone).



This is a garter stitch patterned hat knit in the round (Knit one row, purl one row). It is designed to fit loosely so that it doesn't "smush" your head too much! Sized for small (18"), medium (20") and large adult (22"). Measurement is when hat is flat and measured across and measurement doubled, not head circumference.

Knitting Instructions:

Loosely cast on 70 (77, 84) stitches, taking care not to be too tight and join to knit in the round. Place marker.

Knit one round, purl one round until piece measures 4 ½" (5", 5"). End with purl row.

Begin decrease at top:

START HERE for **large** size: R1 - *Knit 10, K2tog* around (77 stitches)

R2 and all even rows, purl around. Follow instructions for medium, then small, then for all sizes to end.

START HERE for **medium** size: R3 - *Knit 9, K2 tog* around (70 stitches). R2 and all even rows, purl around. Follow instructions for small, then for all sizes to end.

START HERE for **small** size: R5 - *Knit 8, K2 tog* around (63 stitches). R2 and all even rows, purl around.

All sizes:

R1 - *Knit 7, K2 tog* around (56 stitches)

R3 - *Knit 6, K2 tog* around (49 stitches)

R5 - *Knit 5, K2 tog* around (42 stitches)

R7 - *Knit 4, K2 tog* around (35 stitches)

R9 - *Knit 3, K2 tog* around (28 stitches)

R11 - *Knit 2, K2 tog* around (21 stitches)

R13 - *Knit 1, K 2 tog* around (14 stitches)

R15 – K2 tog around. (7 stitches)

Draw yarn tightly through remaining stitches. Secure.

A nice touch is to embellish with a removable flower, pin or other adornment. It is important that the decoration be removable both for washing and for sleeping.