



Portable Pillow

With a handle to make it easy to carry along for infusion treatments.

Designed by Kitty Crawford

Materials:

- Pillow body – need two (2) pieces fleece, each measuring 16" x 11"
- Handle – cut two pieces fleece 1" by 12"
- Polyfill Stuffing

Directions:

1. Layer two handle pieces and sew along long sides about 1/4" from edge.
1. On one fabric layer – with the right side up – pin handle midway on one short side. Place the second piece of fabric on top, with right sides of the fabrics together.
2. Sew around the pillow using a 5/8" seam, leaving an opening for the stuffing on the short side opposite the handle.
3. Turn the pillow and stuff to a medium level. Hand stitch the opening closed.

